



Dr Georgina
Konrat

Labiaplasty Information Guide

Have you been thinking about getting a labiaplasty? We've developed this guide so you can get an idea of what it is and what's involved to decide if it might be the right option for you.

 Consultations available in Brisbane & Sydney

Meet Dr Georgina Konrat

Dr Georgina Konrat is a cosmetic doctor with more than 20 years of experience. She has a special focus on women's health and intimate surgery.

In 2005, Dr Konrat created the **DOVE Labiaplasty Technique**, her own variation of labiaplasty. This technique was formally published in 2012 and has since been shared at both Australian and international conferences. The DOVE Technique was designed to reduce tissue while keeping comfort, safety, and natural appearance in mind.

Qualifications:

- MBBS, University of Sydney
- Surgical Fellow of the Australasian College of Cosmetic Surgery and Medicine (FACCSM)
- Registered Medical Practitioner: MED0001407863



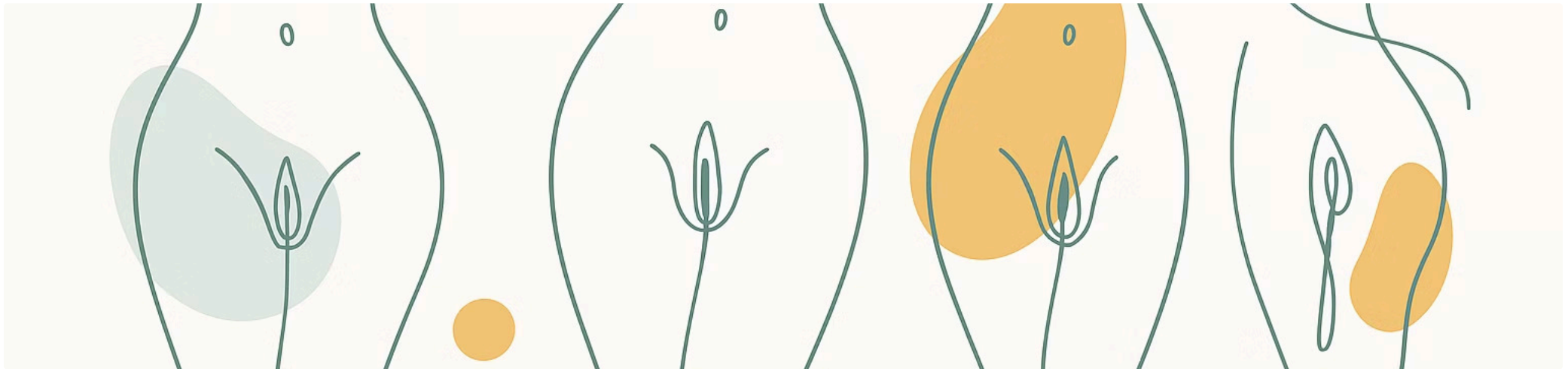
Understanding Labiaplasty

What is it?

Labiaplasty is surgery to reshape or reduce the labia. Some women choose it for physical comfort (e.g., exercise, clothing, intimacy), while others want to change the appearance.

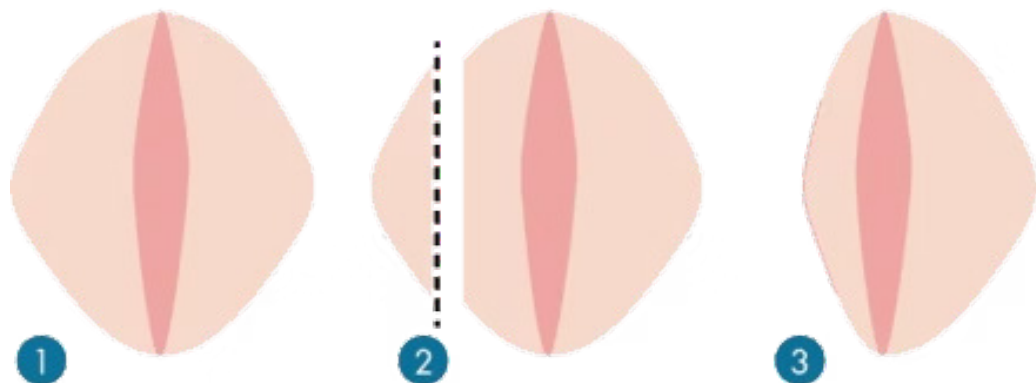
Important to know

Every woman's labia are different - size, shape, and colour vary widely and are all normal. Deciding to undergo labiaplasty surgery is a personal choice.



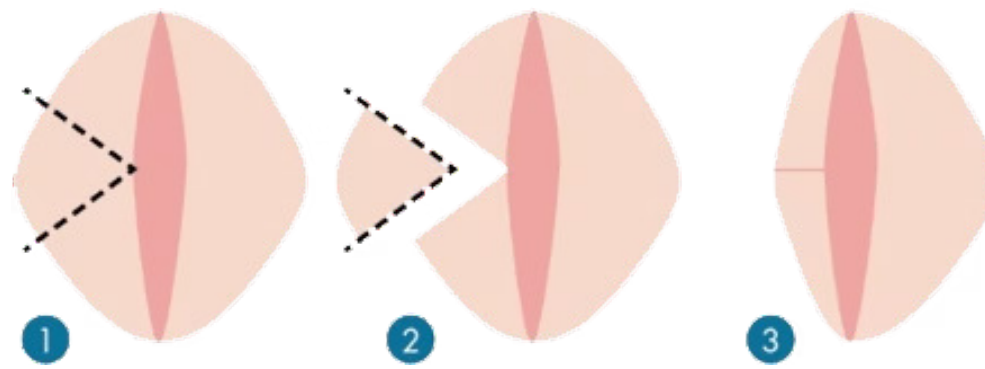
Types of Labiaplasty Surgery

Traditionally, there are two different surgical techniques:



Trim method

This technique involves removing excess tissue along the outer edge of the labia minora. It's often chosen for a straightforward reduction.



Wedge method

The wedge method removes a V-shaped section from the middle of the labia, preserving the natural pigmented edge. This approach can maintain the natural appearance of the labial rim.

The DOVE Technique

Dr Georgina Konrat developed a specialised approach called the **DOVE Technique** (Double Offset V-Plasty with Extended De-epithelialisation).

This method is designed to:

- Reduce excess skin
- Reshape the labia minora
- Adjust the clitoral hood if needed
- Sometimes include liposuction of the mons pubis

The aim is to minimise visible scarring, preserve sensation, and create a balanced, natural look.

Because every woman's anatomy is different, DOVE is always tailored to the individual. It is also often used when revising a previous labiaplasty.



Revision Labiaplasty with DOVE

Some women see Dr Konrat after having labiaplasty done elsewhere, usually because they are not happy with the outcome or the original technique used.

Revision surgery can be more complex, as the tissue has already been operated on and may have changed during healing. For this reason, there isn't one "standard" approach. Each situation is different and needs a personalised plan.

Dr Konrat's **DOVE Technique** is particularly valuable in these cases, as it can be carefully adjusted to suit each woman's anatomy and goals. This flexibility makes it a suitable option for revision labiaplasty.



What to Expect Before Your Appointment



1

Referral

You'll need a referral from your GP. If you don't have a regular GP, online telehealth referral services are available.

2

First Consultation

You'll meet with Dr Konrat to talk through your concerns and goals. She will examine you, explain your options, and answer your questions. The fee is \$165 and includes this appointment plus a second consultation (and any others) required before surgery.

3

Second Consultation

A second appointment is required to make sure you feel fully informed and have time to consider your decision.

Costs

All surgeries are performed in accredited day hospitals with an all-female theatre team. Patient comfort, privacy, and safety are always the priority.

The cost of a labiaplasty is around **\$8,675** (depending on the hospital you have surgery at). This all-inclusive fee covers:

Dr Konrat's Fees

Surgical planning and procedure

Anaesthetist's Fees

Local anaesthetic and sedation

Hospital & Facility Fees

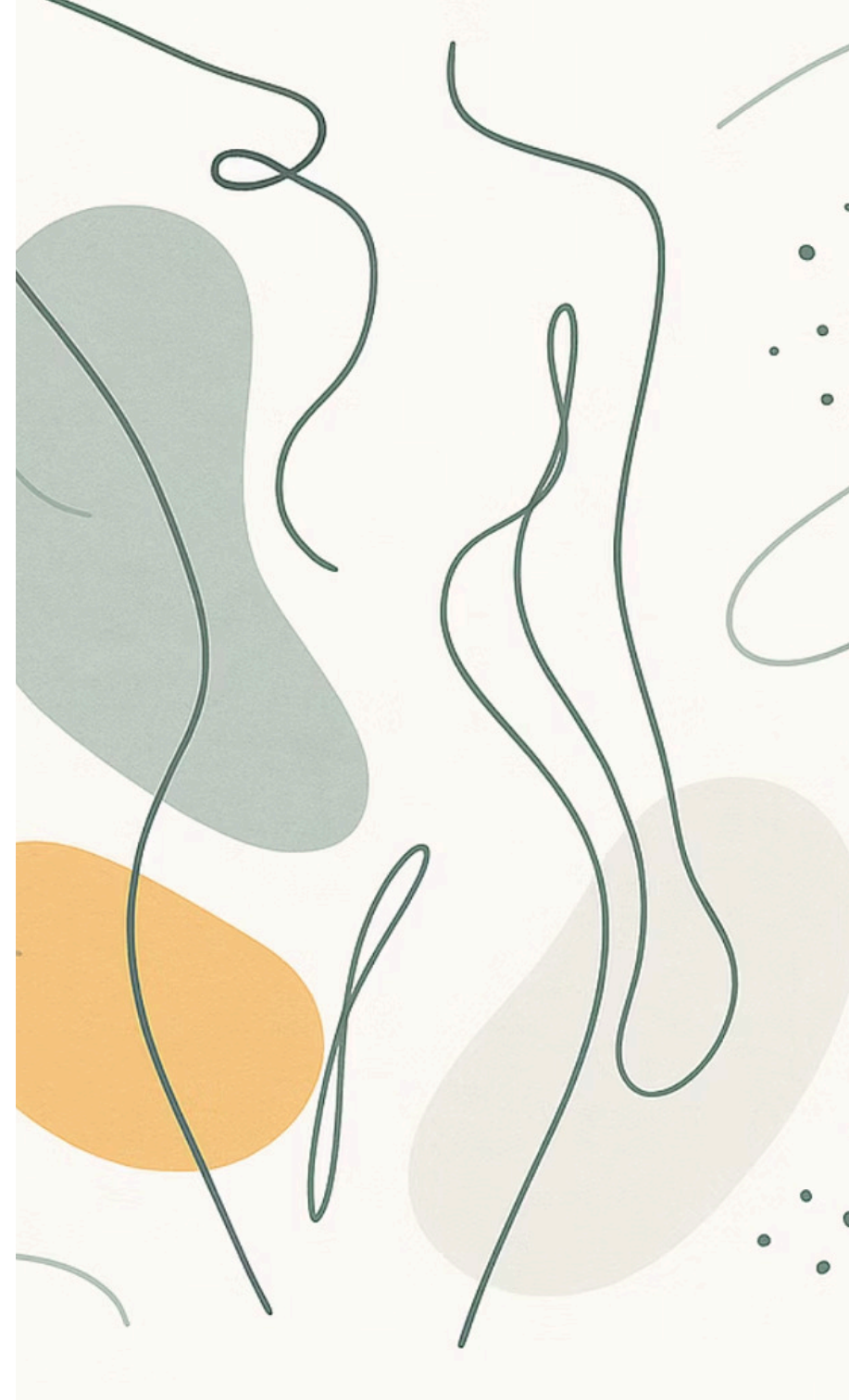
Theatre use, nursing staff, supplies, recovery room

Aftercare & Follow-up

All post-operative appointments

Additional costs: The consultation fee (\$165) and any medication prescribed after surgery are not included in the surgical fee.

Please note: Cosmetic labiaplasty is **not covered by Medicare or private health insurance**.





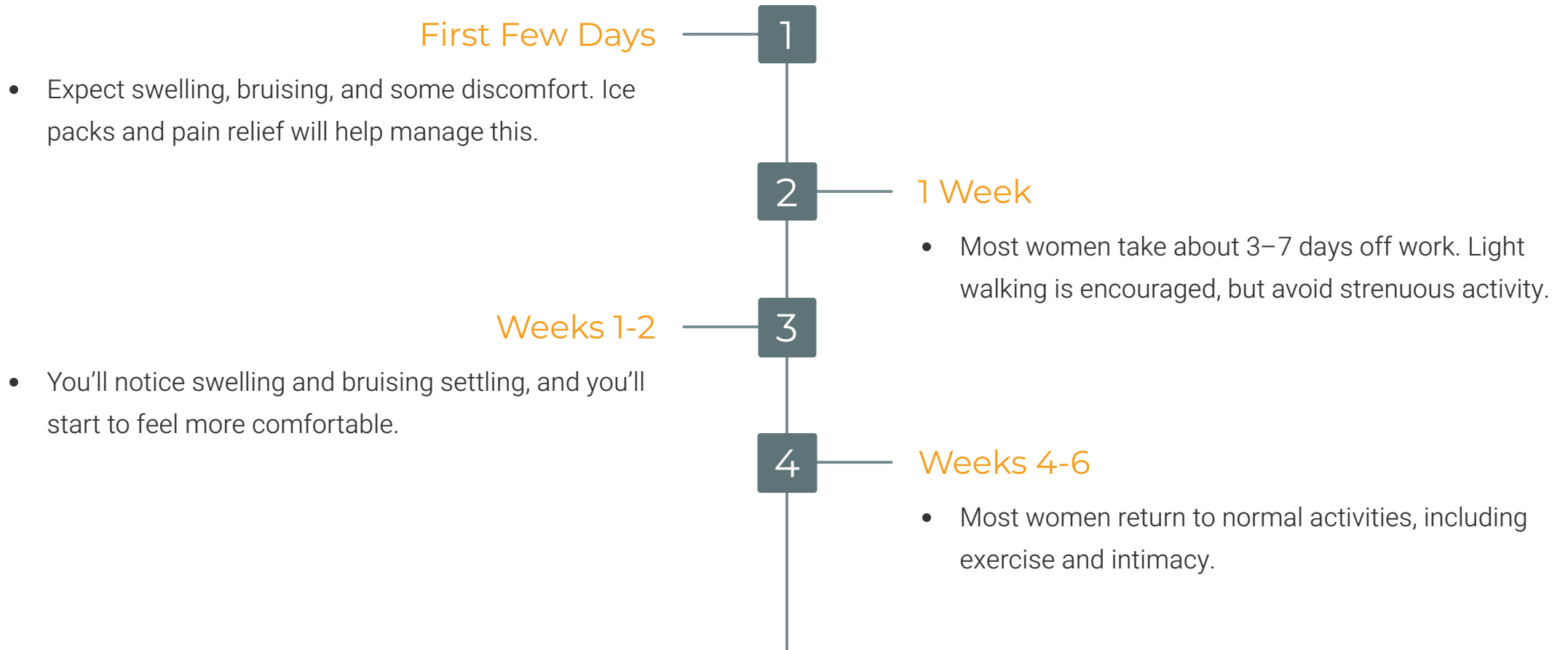
Preparing for Surgery

To help your surgery and recovery go smoothly, please:

- Complete any blood tests or medical checks requested.
- Stop smoking and avoid certain medications (you'll receive a full list).
- Arrange for someone to drive you home and stay with you after surgery.
- On the day: shower, wear loose clothing, and avoid lotions, creams, or makeup in the surgical area.

You'll be given a detailed preparation and aftercare guide at your consultation. Following these instructions closely helps support a safe recovery and more comfortable healing process.

Recovery



Everyone heals at their own pace. You'll be given detailed aftercare instructions and follow-up appointments to check your progress.

Potential Risks

All surgery carries risks. For labiaplasty, these may include:

- Swelling, bruising, or bleeding
- Infection (rare)
- Temporary numbness or changes in sensation
- Scarring or delayed healing
- Slight asymmetry
- Occasionally, revision surgery may be needed

Most women recover without major issues, but it's important you understand the possibilities. Dr Konrat will discuss these in detail during your consultation.

FAQs

Will it hurt?

You'll be under anaesthetic during surgery. Afterwards, discomfort is usually mild to moderate and managed with pain relief.



Will it affect sensation

The DOVE technique is designed to preserve sensation. Some temporary numbness can occur while healing.



How long will results last?

Results are generally long-lasting. Natural ageing, weight changes, or pregnancy may affect the area over time.

How much time off will I need?

Most women take about a week off work, depending on the type of job.



Do I need someone with me?

Yes. You'll need someone to drive you home and ideally stay with you the first night.

Ready to Take the Next Step?

The best way to find out if labiaplasty is right for you is through a private consultation with Dr Konrat.

Brisbane

E: info@brisbanecosmetic.com.au

P: [\(07\) 3391 5710](tel:(07)33915710)

[Brisbane | Book Online](#)

Sydney

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[Sydney | Book Online](#)

Gallery

View our labiaplasty gallery

Must be 18+ to view

[Labiaplasty Gallery](#)

This information is general in nature. Individual results vary. Please consult with Dr Konrat for advice tailored to you.